

GFWC Mount Diablo District (MDD)

BEACON

November 2026

"Be a Beacon of Service for Others"



President's Message

Dear GFWC Mount Diablo District Members,

November is here, and I am looking forward to seeing everyone at our district meeting on November 12 at the Women's Club of Antioch. It is a wonderful time to gather, enjoy each other's company, and celebrate the spirit of giving. Please remember to register!

I am thankful for each of you and all you do for your clubs and our district. Wishing you and your loved ones a Happy Thanksgiving!

-Karen Rickman,
Mount Diablo District President



Dear Members,

Let's continue keeping track of all of our events and volunteer hours. This helps me, you and the other Community Service Programs Chairs in preparing for report writing, due **January 14, 2027.**

So, MARK your calendars.

The smallest bit of information and facts can matter.

I am super excited to be working with all of you for a successful term for GFWC Mount Diablo District. Looking forward to seeing you at the November meeting. Gracias!

Mary Rocha,
1st Vice President
GFWC Mount
Diablo District



American Heart Association.



April 11	GFWC Mount Diablo District Convention & Installation of Officers – Tracy, CA
April 24	GFWC FEDERATION DAY
May 7	Executive Committee Meeting via Zoom
May 13-16	CFWC Convention & Installation of Officers – Ontario Airport Hotel & Conf. Center Ontario, CA
June 11	Via Zoom - Executive Committee Meeting (Budget)
June 26-30	GFWC Convention – Scottsdale, AZ (June 26 th – State Night & LEADS;
June 29	GFWC Installation of Officers; June 30 th Board of Directors Meeting)
July	NO MEETING
August 13	TBD – Executive Committee Meeting (Planning)
September 10	Executive Board Meeting (ALL MEMBERS) GFWC Dublin San Ramon WC
October 3	Area A Conference, The Women's Club of Lodi, Lodi, CA
October 8	Via Zoom – Executive Committee Meeting
November 12	Executive Board Meeting (ALL MEMBERS) GFWC Woman's Club of Antioch
December 10	Executive Committee Meeting via Zoom

January 14	Executive Board Meeting (ALL MEMBERS) Federated Women of Upper Napa Valley
February 11	Executive Committee Meeting via Zoom
February 19-21	CFWC Executive Board Meeting – Hilton Sacramento Arden West
March 12	MDD Arts & Crafts Festival (ALL MEMBERS) GFWC Tracy Woman's Club
April 11	GFWC Mount Diablo District Convention – Lodi, CA
April 24	GFWC FEDERATION DAY
May 13	Executive Committee Meeting via Zoom
May 21-24	CFWC Convention – DoubleTree by Hilton San Diego Mission Valley
June 10	Executive Committee Meeting (Budget)
June 24-28	GFWC Convention – Charlotte, NC (The Westin)
July	NO MEETING
August 12	Executive Committee Meeting (Planning)
August 28-29	CFWC Executive Board Meeting
September 9	TBD – Executive Board Meeting (ALL MEMBERS)
September 10-12	WSR – Billings, Montana
October 14	Executive Committee Meeting via Zoom
October 30	TBD – Area A Conference
November 11	TBD – Executive Board Meeting (ALL MEMBERS) – VETERAN'S DAY
December 9	TBD – Executive Committee Meeting

STAY SAFE–STAY INFORMED

www.californiavolunteers.ca.gov

Did You Know...?

Many notable women in history have been members of GFWC!

Julia Ward Howe (1819-1910), author of "The Battle Hymn of the Republic."



Julia Ward Howe



Jane Addams

Jane Addams (1860-1935) founded Hull House Settlement in Chicago, which served as a model for the social reform movement, vocal advocate for working women and child labor laws, a leader in the suffrage movement, and helped to establish the International League for Peace and Freedom. She was awarded the Nobel Peace Prize in 1931.

Eleanor Roosevelt



Eleanor Roosevelt (1884-1962) was an active member of the Chautauqua Women's Club of New York and maintained strong ties with the Federation throughout her years as First Lady.

President's Project

As MDD President, Karen Rickman has chosen **Heart Health** as her President's Project.



CHECK FOR THE HEART-CHECK MARK

The Heart-Check mark is a simple tool to help you Eat Smart. When you see it, you can be confident that a product aligns with the American Heart Association's recommendations for an overall healthy eating pattern.

This is what it takes to be Heart-Check certified[®]:

SOURCE OF NUTRIENTS

Beneficial Nutrients (naturally occurring):
10% or more of the Daily Value of 1 of 6 nutrients (vitamin A, vitamin C, iron, calcium, protein or dietary fiber)

LIMITED IN SODIUM

Sodium:
One of four sodium limits applies depending on the particular food category: up to 140 mg, 240 mg or 360 mg per label serving, or 480 mg per label serving and per standard serving size.*

LIMITED IN BAD FATS

Saturated Fat:
1 g or less per standard serving size and 15% or less calories from saturated fat

Trans Fat:
Less than 0.5 g per label serving size and per standard serving size. Products containing partially hydrogenated oils are not eligible for certification.



Source: <http://www.goredforwomen.org>

TO LEARN MORE, VISIT
heartcheck.org

GFWC Mount Diablo District Executive Board Meeting



HEART HEALTH

American Heart Association.



DATE: Thursday, November 12, 2026
LOCATION: GFWC Woman's Club of Antioch Clubhouse
509 G Street, Antioch, CA 94509
PAYABLE TO: GFWC Woman's Club of Antioch
MEETING FEE: \$35.00 – Pay at the door
RSVP: by Friday, November 6, 2026, to Kay Porter at
gfwcmddcommunicateRSVP@yahoo.com

Zoom Link

<https://us02web.zoom.us/j/82071846050?pwd=Jh6abuBVoqkFsaEj3LyxH1XuUQKbe.1>

Meeting ID: 820 7184 6050 - Passcode: 209639

AGENDA – (Subject to Change)

- 9:30 am Check In/Waiting Room Opens (Continental Breakfast – Juice, Coffee & Water)
- 10:00 am Call to Order – Karen Rickman, President
Pledge of Allegiance – Mary Rocha, President Elect/1st Vice President/Dean of Chairs
Sing – America the Beautiful
Meeting Rules & Zoom Protocol – Amy Scudder, Parliamentarian
- 10:05 am Welcome – Joy Pella Motl & Kellie Cavallaro – Club Co-Presidents
- 10:15 am Inspiration – Pat Anderson, Inspiration Chair
- 10:20 am Officer Reports – Executive Committee Officers
- 10:50 am District Chairs (3)
- 11:10 am Club Presidents – Attending Club Presidents (3 minutes each)
- 11:45 am Grace/Lunch Break – Baked Chicken, Mashed Potatoes, Grilled Veggies, Salad, Roll & Cupcake
- 12:30 pm Keynote Speaker –  “Heart of Service” 
- 1:00 pm Unfinished Business
- 1:10 pm New Business
- 1:20 pm Announcements
- 1:25 pm Recite – the Collect & Sing - Let There Be Peace On Earth
- 1:30 pm Meeting Adjourned (Report Writing Workshop with Mary Rocha Preceding The Meeting)



If you have served as a club president for one year
you are eligible to join
GFWC Past Presidents' Assembly of Mount Diablo District



OF MOUNT DIABLO DISTRICT



ALL are Welcome to Attend

PPA upcoming MEETING – Thursday, October 29th at 11:00 am – Lunch at 11:30 pm

No-Host Lunch/Meeting at Midori, 2541 Naglee Road, Tracy, CA

(Near Home Depot & West Valley Mall)

Traditional Asian Cuisine – Rated 4.5****

Features Lunch Specials

VIEW MENU at door dash link

PLEASE bring cash in smaller denominations to pay for the meal. **THANKS!!!**

<https://www.doordash.com/en/store/midori-fine-Asian-cuisine-tracy-808857/19819348/>



<https://ghirardellichocolatemenu.vercel.app/>

MUST RSVP to Mary Helen Rocha 925-207-7220

DONE IN A DAY PROJECT – Accepting Donations for:

Military Women's Foundation in Washington, D.C.

<https://womensmemorial.org/>



Make Donation & Project Checks Payable to GFWC Past President's Assembly

REMINDER

A reminder to all clubs:

There is a CFWC form that must accompany your dues for New and Late-paying Members when you submit them to the District. Once your initial dues submission is made, all dues submitted after June 1 must use this form (see sample, opposite page). It is available for download from the <https://www.cfwc.org/> website under the "FORMS" tab.

If you need assistance or additional information, please feel free to contact me by phone or email.

Lynn S. Confetti-Ledbetter

GFWC Mount Diablo District Director of Finance

CFWC Treasurer 2026-2028

(925) 234-0456

“Gratitude,
help us to see what
is there instead
of what isn’t.”

– ANNETTE BRIDGES



THANKFUL
GRATEFUL
BLESSED





CLUB NEW & LATE PAYING MEMBER DUES FORM

GFWC California Federation of Women's Clubs

Use the most current interactive (fillable) form on CFWC.org website.

This form must be typed

DATE:

LEGAL NAME OF CLUB	District Name	Area
Date Submitted:		
Financial Officer:		

NOTE: ***CLUB FINANCIAL OFFICERS***

1. Send this Form to your **DISTRICT FINANCIAL OFFICER** and keep a copy for your records.
2. Send this Form **monthly or when members join or rejoin between June 1st until December 1st**
3. Send a club check payable to your District for the total amount. **DO NOT STAPLE CHECK(S) TO FORM**
4. Include a list of the names of New and/or Late Paying Members along with their contact information (address, phone number, email) for **DISTRICT USE ONLY**.
5. **This form and checks will NOT be accepted by your District after December 1st.**
6. **After December 1st** New Member Dues will be included with your Club Information Form.

GFWC Dues: Number of NEW General Members		x	\$15.00	= \$	0.00
CFWC Dues: Number of NEW CFWC Members		x	\$ 5.00	= \$	0.00
GFWC Dues: Number of NEW Juniette Members		x	\$10.00	= \$	0.00
GFWC Dues: Number of LATE PAYING General Members		x	\$15.00	= \$	0.00
CFWC Dues: Number of LATE PAYING CFWC Members		x	\$ 5.00	= \$	0.00
GFWC Dues: Number of LATE PAYING Juniette Members		x	\$10.00	= \$	0.00
FEDERATION DUES- AMOUNT DUE TO CFWC:					\$ 0.00
District Dues: Total New & Late Paying Number of Members		x	\$	\$	0.00
TOTAL AMOUNT TO BE SENT TO THE DISTRICT FINANCIAL OFFICER					\$ 0.00

NOTE: The District Financial Officer will send this Club form along with the District Remittance Form and check to the CFWC Financial Secretary, Toby Kahan.

Revised 7/26/2026

Please note that photographs must be taken in calendar year 2026 to be eligible for the 2027 Arts and Culture Festival photography contest.



Calling All GFWC Members

with a Creative Eye
and a Way with Words!

2027 ARTS AND CULTURE FESTIVAL

THURSDAY, MARCH 11, 2027

Mt Oso, Masonic Lodge
1601 N. Tracy Blvd., Tracy, CA 95376



PHOTOGRAPHY CONTEST



Photo entries **MUST** be taken during calendar year 2026.



No Artificial Intelligence (AI).



Digital Submissions only.



WRITING CONTEST



Let your imagination shine!



Share your stories, poetry, or creative writing.



Express your ideas, experiences, and perspectives.



NEW CATEGORY!

"The World in Pictures"

Showcase the beauty, people, places and cultures that make our world so special!



New contest rules are now available on the CFWC Website under Contest Forms.

For questions, contact
Germaine Clark, (209) 914-8637

“Help Others Stay Warm”

One Warm Coat Drive

In partnership with Christmas for Everyone

**Coats, Sweaters, Blankets and Outerwear
for Men, Women and Children**

(we gratefully accept clean, gently used and new items)



Friday, November 13th, 2026

3:00 PM to 5:00 PM



ALAMO WOMEN'S CLUB

AWC Clubhouse

1401 Danville Blvd. Alamo

Together We Give



Jewelry Fundraiser Faire

Thursday, November 19th ~ 10 am to 5 pm

Friday, November 20th ~ 10 am to 4 pm

Beautiful Costume Jewelry starting at Just \$5

Designer Jewelry 50% Off or

"Priced as Marked" (PAM)

Come Shop with Us!

New Items are Added throughout the Sale!

Alamo Women's Club, 1401 Danville Blvd. Alamo

Proceeds benefit scholarships, AWC, and our philanthropies,
as we continue our efforts to support our community.

Together We Give!



Save the Date

~Next Jewelry Sale ~

February 4th and 5th



ORINDA WOMAN'S CLUB 40th ANNUAL FESTIVAL OF TREES

FRIDAY, NOVEMBER 20, 2026 - 10 AM to 2 PM

SAN RAMON MARRIOTT 2600 BISHOP DRIVE

LUNCHEON, SILENT AUCTION,
RAFFLES, FASHION SHOW

BENEFICIARIES:



CHILD ABUSE
PREVENTION
COUNCIL OF CONTRA
COSTA COUNTY

and



ORINDA
WOMAN'S CLUB
COMMUNITY
SERVICE
COMMITTEE



MASTER OF
CEREMONIES
Dan Ashley
Channel 7
News Anchor



FASHION SHOW HOUSES:

CHICOS

MOLLY B.

J MCLAUGHLIN

More information and
reservations at
orindawomansclub.org



The Woman's Club of Lodi

19th Annual
Christmas
Boutique

Please join us on

November **21st - 22nd** 10am - 3pm

Saturday Lunch | Sunday Brunch

Cafe open 10 am - 2:30 pm

30+ Vendors

**ARTS CRAFTS JEWELRY BAKED GOODS
RAFFLE AND MORE**

Something Special for Everyone

★ **325 West Pine Street Lodi, CA 95240**

Nancy Dobler (209) 329-9047,

Hope Bennett (209) 470-1225 or

Vendors: Erin Finley (559) 930-0791

Dublin / San Ramon Women's Club Crab Feed and Auction

January 30, 2027 • 5 pm to 9 pm

Shannon Community Center

11600 Shannon Avenue, Dublin, CA 94568

All-you-can-eat crab, pasta, green salad,
bread and dessert

Silent, Live, and Dessert Auctions
Games and Tasty Libations!



Funds Raised Will Support New Day For Children and Agape Foster Family Agency

Tickets are \$90

Children 6 to 12 are \$45

No tickets sold at the door

\$15.00 Corkage Fee • No Open Flames

Register Here



BELMONT *Village*
SENIOR LIVING
SAN RAMON

ER Bishop Ranch

District 2 Supervisor
Candace Andersen
Contra Costa County

CFA CALIFORNIA
FINANCIAL
ADVISORS

HW
DR. HIRSH WOLFFSTEIN

SAFeway

DIAMOND OAK
RAYMOND JAMES

ALAMEDA COUNTY SUPERVISOR
DAVID HAUBERT
DEDICATED TO SERVING YOU!

Raleigh Wills Insurance Services

BARB ELLUL
State Farm Insurance



Save the Date: May 21-23, 2027

Event: CFWC State Convention

Venue: Doubletree Hilton

Location: Mission Valley San Diego



Please join us this coming May 2027 and Catch the Waves of Federation